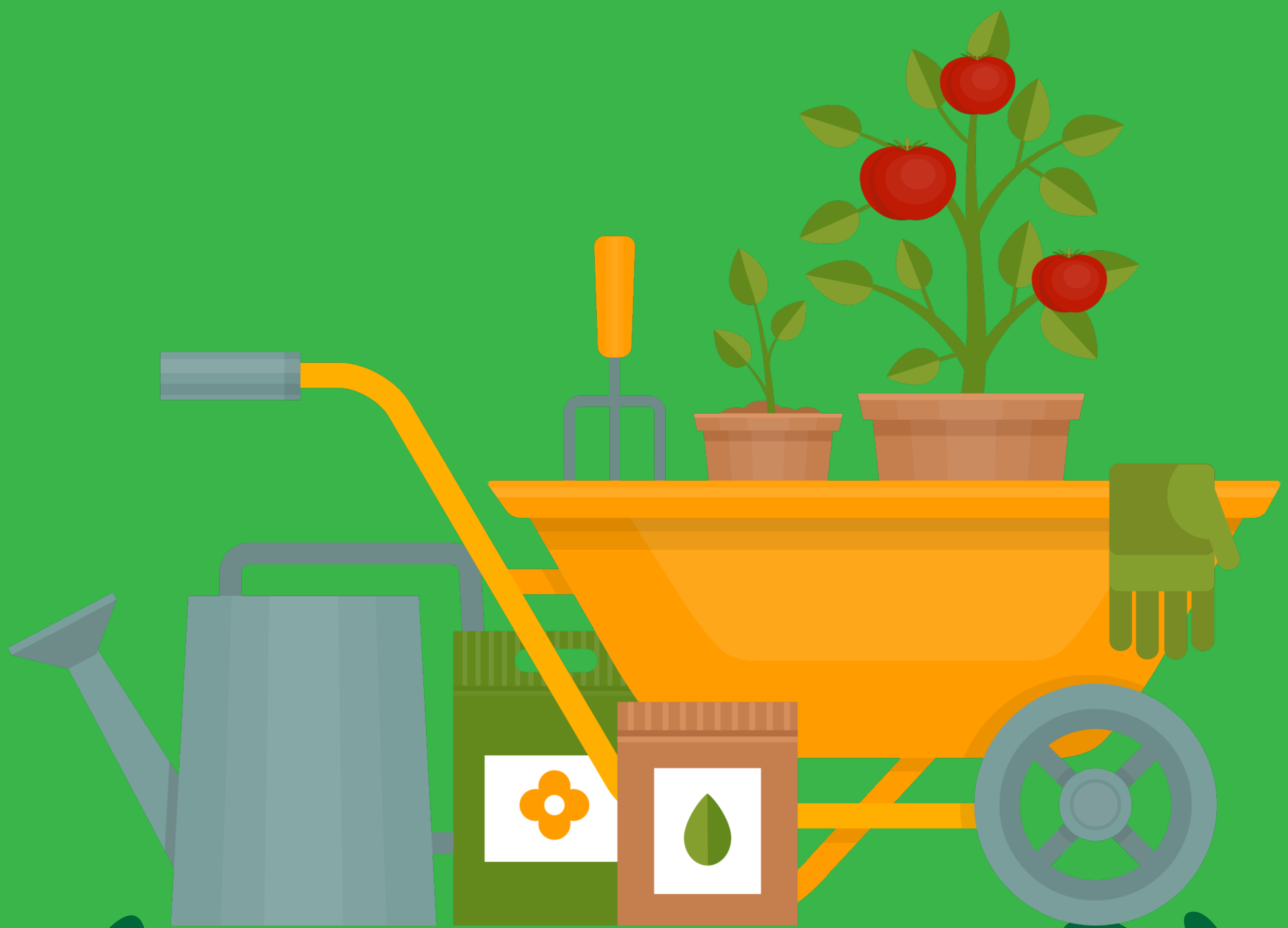


ORGANIC GARDENING FOR BEGINNERS



Grown on your own, homegrown fruits and vegetables are fresh and bursting with flavor.

There is no better way to grow your own food than by gardening. It can help you produce tons of different fruits and vegetables while also being a hobby for those who love plants.

Organic gardening not only provides a way to ensure that the food you eat is fresh, but it also assures your family of getting plenty of vitamins.

Once you've picked a fruit from your garden, there's nothing left to do but eat it or compost with the rest of your other food scraps.

Who is Organic Gardening for?

Anyone can start their own organic garden, even if they are just tinkering at it. It's not necessarily for the experienced gardener or those with a lot of money to invest, but it is possible with little effort.

Let's try and answer some basic questions so you can get started.

What is Organic Gardening?

Organic Gardening, also known as "organic farming," refers to the process of growing plants without using synthetic chemicals or fertilizers in order for them not to be contaminated with toxins that are harmful. The term was coined by Sir Albert Howard who first used it during a speech at Oxford University

It's an increasingly popular choice for those who want to take control over their food supply and be more in touch with nature.

Why Should I Garden Organically?

Many people choose to garden organically for a number of reasons. Some people want the satisfaction that comes with growing their own food, while others are concerned about what chemicals may be in 'store-bought' produce. Organic gardening can also help you save money on your grocery bill and provide healthier options when it's time to eat!

How do I get Started with an Organic garden?

Getting started with an organic garden is quite simple. First, you'll need to decide on what type of garden you want.

Do you have a large backyard? Perhaps an organic vegetable or fruit tree would be best for your space. If not, there are plenty other options such as planting herbs in pots and containers that can go indoors during the winter months

If you opt for an indoor herb garden, then you'll need to find a sunny spot in your home. You can also use grow lights if you have the space and want an all-year round garden. For most beginners, the best thing to do is start small.

If you have a backyard, try planting some vegetables and herbs in pots or raised beds on your patio.

If not then find an area of ground that gets at least six hours sun per day (morning light can be too harsh for plants). Once you have found a spot, remove any weeds and lay down some newspaper or cardboard to suppress the grass.

If you have no ground then try planting in containers on your porch or balcony; just make sure they get plenty of sun!

If this is not an option either for space reasons, then all is not lost. What you can do is start your plants indoors and then transplant them outside once they are big enough.

If you have a small garden, the best thing to do is start with vegetables like tomatoes or peppers that can be grown in containers on patios.

Best Types of Soil

So, what are the best soil types for budding organic farmers? Well, there are a few.

If you have the space and want to grow vegetables or fruit trees in your backyard then loamy soil is best for this type of garden as its rich with nutrients that plants need such nitrogen-rich organic matter from composting materials like leaves.

What are the Best Plants to Grow in my Backyard or Front Yard?

Naturally this depends on the climate of your location.

If you're in a warmer climate, then citrus trees and avocados are great choices. In cooler climates like the northeast US or Canada, apples can be grown successfully.

You'll also want to consider how much space is available for your plants as well.

Is it Difficult to Grow Plants Without Chemicals?

This is a question many people ask themselves. The answer is no, it's not difficult to grow plants without chemicals. It does take more time and effort than using chemical fertilizers or pesticides but the benefits are worth this extra work.

You'll need a lot of patience because you can't just water your garden with a herbicide like Roundup that kills everything in its path.

You should start with organic potting mix or compost that is free of chemicals such as pesticides.

We recommend using a mixture of compost, peat moss and vermiculite. You can use coffee grounds to help your garden flourish as well.